

Information:

Join Chagrin Valley Ski Club members along with family/ friends on Sunday, August 13, 2017 for another scenic bike ride on the Towpath of our Cuyahoga Valley National Park.

Most of you know the 'drill'. Pending on speed & distance, everyone's start time will be different. You can either bike North and take the train South (which gets back to Peninsula at 1:35 PM) or bike a roundtrip route (North or South) and not take the train.

(1) Pick your distance and figure your average speed (which will determine your start time) and then bike NORTH on the Towpath from Peninsula. The attached train schedules with southbound departing times and distances can help you plan your specific trip.

(2) Bike to the RR station of your choice for the Cuyahoga Valley Scenic Railroad (www.cvsr.com). Stations are listed on the map to the right. The cost for bikers to ride the train South (back to Peninsula) is \$3.00 pp for the one way ticket. Allow yourself to arrive at the station you choose at least 10 minutes prior to the train's departure time.

(3) Plan on Lunch upon your return at The Winking Lizard Peninsula (winkinglizard.com).

Each person is responsible for their own dinner/drink receipt.

Lunch is planned for 2:00 PM.

Most people depart Peninsula between 9:30 AM & 10:30 AM (pending their distance & Speed).

The Towpath is a packed, crushed limestone surface in some areas and paved asphalt surface in others. There are some small hills but the majority of the ride is very flat, running alongside the Cuyahoga River. Mountain bikes or road bikes can be used.

Non riders are welcome to join us for lunch!

If interested or you have any questions email or call Ed Svec: ejsvecii@gmail.com - 216-559-055

If you plan on having lunch, please confirm with Ed on or before Friday, 8/11/17 (before is MUCH better) so he can give the Winking Lizard a headcount.

Chagrin Valley Ski Club

Bike the Trail, Ride the Rail & Lunch at the Lizard Sunday, August 13, 2017



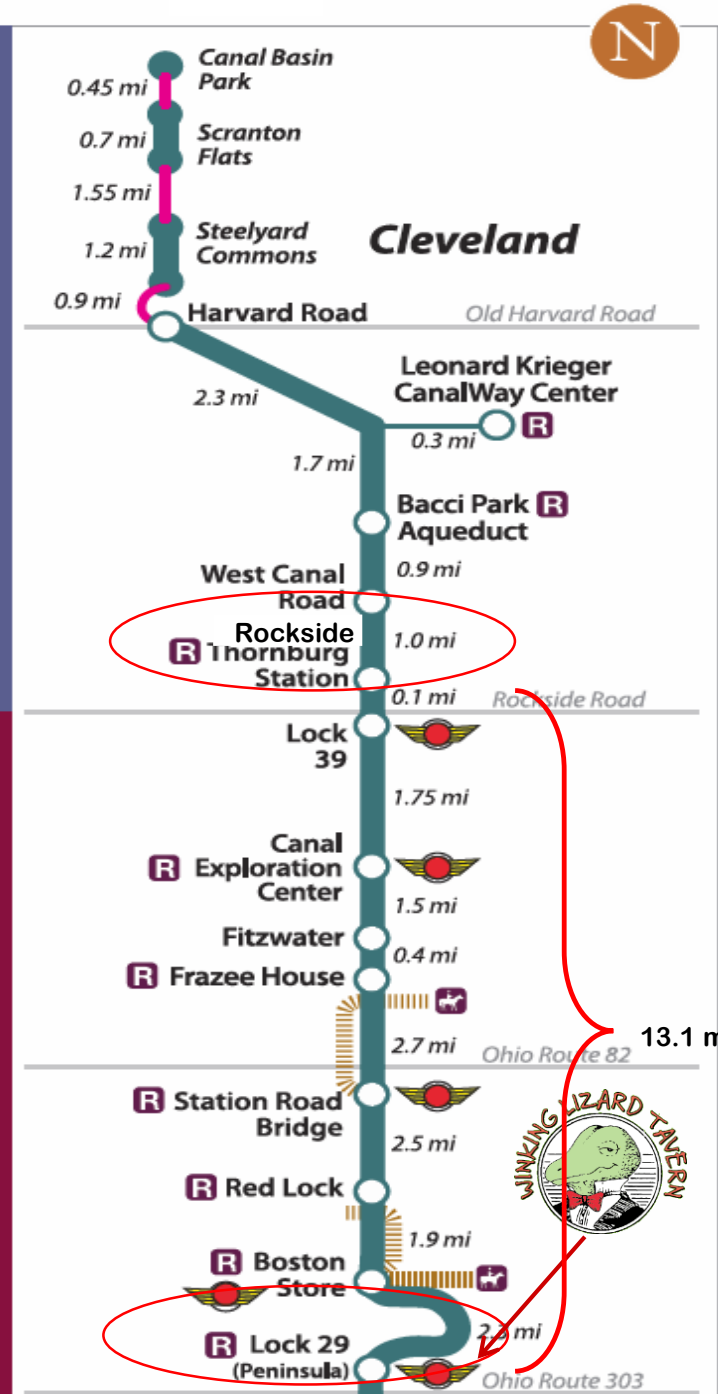
I PARKS

NATIONALPARKS.ORG



Cleveland Metroparks

Cuyahoga Valley National Park



13.1 mi.



National Park Service
US Department of Labor
Cuyahoga Valley National Park



2017 SUMMER SCHEDULE

Effective June 1, 2017

Place	South	North	South	North	South	North	Mileage
Rockside	9:00 AM	12:30 PM	12:55 PM	4:25 PM	4:45 PM	8:15 PM	13
Canal Visitor Center	9:05 AM	12:20 PM	1:00 PM	4:15 PM	4:50 PM	8:00 PM	11.25
Brecksville	9:20 AM	12:00 PM	1:15 PM	3:55 PM	5:10 PM	7:45 PM	6.75
Boston Mills	9:35 AM	11:50 AM	1:30 PM	3:45 PM	5:20 PM	7:35 PM	2.5
Peninsula	9:45 AM (AR)	11:45 AM (DP)	1:35 AM (AR)	3:40 PM (DP)	5:30 PM (DP)	7:30 PM (DP)	Start
	9:50 AM (DP)	11:35 AM (AR)	1:45 AM (DP)	3:30 PM (AR)	5:40 PM (DP)	7:25 PM (AR)	
Indigo Lake (Hale Farm)	10:05 AM	11:25 AM	2:00 PM	3:20 PM	5:55 PM	7:15 PM	4
Botzum	10:15 PM	11:15 AM	2:10 PM	3:10 PM	6:05 PM	7:05 PM	7
Big Bend	10:25 AM	11:05 AM	2:20 PM	3:00 PM	6:15 PM	6:55 PM	10.5
Akron Northside	10:35 AM	10:55 AM	2:30 PM	2:50 PM	6:25 PM	6:45 PM	13.5

Regular Excursion Pricing: \$18 adults, \$13 children (3 - 12)

One way with Bike is \$3 for return w/ bike

YOU NEED TO BE AT STATION AT LEAST 10 MINUTES PRIOR TO DEPARTURE

Our Goal is To Have Everyone Using the Train Returning to Peninsula at 1:35 PM

Approximate Riding Times In Hours and Minutes (0:00)

Start Point is Peninsula (all times rounded "UP" in 5 minute increments plus 10 minutes added)

Place	Speed (in mph)	5.0	8.0	10.0	12.0	15.0	20.0	Mileage
Rockside		2:50	1:50	1:30	1:20	1:05	0:50	13
Canal Visitor Center		2:30	1:35	1:20	1:10	0:55	0:45	11.3
Brecksville		1:35	1:05	0:55	0:45	0:40	0:30	6.8
Boston Mills		0:40	0:30	0:25	0:25	0:20	0:20	2.5
Peninsula		Start	Start	Start	Start	Start	Start	Start
Indigo Lake (Hale Farm)		no travel	no travel	no travel	no travel	no travel	no travel	4
Botzum		no travel	no travel	no travel	no travel	no travel	no travel	7
Big Bend		no travel	no travel	no travel	no travel	no travel	no travel	10.5
Akron Northside		no travel	no travel	no travel	no travel	no travel	no travel	13.5

Approximate Necessary Departure Times from Peninsula (North Only) to Meet Train

APPROXIMATE Bike Departure Times - Departing Point is Peninsula

Place	Speed (in mph)	5.0	8.0	10.0	12.0	15.0	20.0	Mileage
Rockside		10:00 AM	11:00 AM	11:20 AM	11:30 AM	11:45 AM	12:00 PM	13
Canal Visitor Center		10:25 AM	11:20 AM	11:35 AM	11:45 AM	12:00 PM	12:10 PM	11.25
Brecksville		11:35 AM	12:05 PM	12:15 PM	12:25 AM	12:30 PM	12:40 PM	6.75
Boston Mills		12:45 AM	12:55 PM	1:00 PM	1:00 PM	1:05 PM	1:05 PM	2.5
Peninsula		Start	Start	Start	Start	Start	Start	Start
Indigo Lake (Hale Farm)		no travel	no travel	no travel	no travel	no travel	no travel	4
Botzum		no travel	no travel	no travel	no travel	no travel	no travel	7
Big Bend		no travel	no travel	no travel	no travel	no travel	no travel	10.5
Akron Northside		no travel	no travel	no travel	no travel	no travel	no travel	13.5

Our goal is to have everyone back in Peninsula for Lunch & "Liquid Refreshment" at 2:00 PM

We will meet in the Winking Lizard Peninsula